

# Demand a Seat

## Fall 2025 Cohort Calendar

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**Tuesday 9/16 - Kick Off**

**Running to Demand a Seat**

8:00-9:30pm ET/5:00-6:30pm PT

**Thursday 10/16 - Office Hours**

**Powermapping & Rolodexing Workshop**

Time TBD

**Tuesday 9/23 Session 2 -**

**Campaign Fundamentals**

8:00-9:30pm ET/5:00-6:30pm PT

**Tuesday 10/21 Session 6 -**

**Budgeting & Fundraising**

8:00-9:30pm ET/5:00-6:30pm PT

**Tuesday 9/30 Session 3 -**

**Message Development**

8:00-9:30pm ET/5:00-6:30pm PT

**Tuesday 10/28 Session 7 -**

**Press & Media**

8:00-9:30pm ET/5:00-6:30pm PT

**Thursday 10/2 - Office Hours**

**Personal Story 201 Workshop**

Time TBD

**Thursday 11/6 - Office Hours**

**In the Hot Seat Workshop**

Time TBD

**Tuesday 10/7 Session 4 -**

**Communicating with Voters**

8:00-9:30pm ET/5:00-6:30pm PT

**Tuesday 11/11 Session 8 -**

**GOTV & Election Day**

8:00-9:30pm ET/5:00-6:30pm PT

**Tuesday 10/14 Session 5 -**

**Gaining & Leveraging Supporters**

8:00-9:30pm ET/5:00-6:30pm PT

**Tuesday 11/18 - GRADUATION**

**What's Next** 🎓

8:00-9:30pm ET/5:00-6:30pm PT